![North Yorkshire County Council logo]

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30 April 2021

Dear Parents/Carers,

SELBY DISTRICT COVID-19 OUTBREAK

As you may be aware, there is currently an outbreak of COVID-19 cases in the Selby area. We are working to contain this outbreak and provide support where needed. To reduce the spread of this virus, we need your help. Please make sure you and your household/support bubble:

- get a test if you have symptoms and/or are invited to do so,
- wash or sanitise your hands regularly,
- wear your face covering when needed (indoors and on public transport),
- keep a safe space between yourself and people you do not live with,
- only meet other people outdoors in the fresh air, and
- take up the vaccination when it is offered to you.

Testing: people with no symptoms
One in three people infected with COVID-19 do not show any symptoms, so it is important for everyone to use rapid lateral flow testing kits regularly (twice a week). Doing this helps identify cases quickly and reduces the spread to others.

Lateral flow testing is available to everybody and a list of collection points can be found on https://www.northyorks.gov.uk/get-coronavirus-covid-19-test-if-you-dont-have-symptoms

From Friday 30 April, a new asymptomatic testing site will be running at Brook Lodge in Union Lane, Selby, YO8 4BA. This testing site is for people who do not have any symptoms. People who go to the site will be supported to take their lateral flow test on the site itself. It will be open from 9am to 5pm and you do not need to book an appointment. If you go to the site, please wear a face covering and keep space between yourself and others.

If you get a positive result using a lateral flow test, you must self-isolate immediately and book a further PCR test (https://www.northyorks.gov.uk/book-coronavirus-covid-19-test-if-youve-got-symptoms) to confirm the result. It is important that close contacts and people living in the same household as someone who tests positive also self-isolate for 10 days. However, if the PCR test comes back negative you can all stop isolating.

Please inform your child's school immediately if your child receives a positive COVID test result.

Testing: people with symptoms

A lateral flow test should not be used for people with symptoms. If you or anyone in your household shows symptoms of COVID-19, you must self-isolate immediately and book a PCR test (https://www.northyorks.gov.uk/book-coronavirus-covid-19-test-if-youve-got-symptoms) to confirm the result. Please remember it is important for close contacts and people living in the same household as someone who tests positive to also self-isolate for 10 days.

Support

We understand that having to isolate following a positive test result can affect your work and your income. If you need support please contact Selby District Council to find out if you can get a support payment. The website address is https://www.selby.gov.uk/coronavirus-covid-19-self-isolation-support-payment.
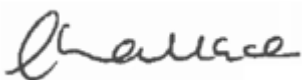
If you're self-isolating you may need help with things like shopping, collecting a prescription or looking after pets. If you can, please contact family, friends or neighbours and let them know how they can help you. Try to get in touch by phone or using email or other technology to avoid physical contact.

If you don't have anybody to call on, we have a community support organisation in your area that can help so you don't need to leave your house. For more information on our community support organisations visit our website: https://www.northyorks.gov.uk/help-you-during-coronavirus-covid-19l or you can call our Customer Support Centre on 01609 780780. Or visit the Selby district council website: www.selby.gov.uk/coronavirus-covid-19-community-support

This outbreak is a reminder that Covid-19 is still with us and can easily spread across our communities. Please take extra care to keep yourself and those around you safe.

For further information please call 01609 780780 or visit https://www.northyorks.gov.uk/help-you-during-coronavirus-covid-19 or www.selby.gov.uk/coronavirus-covid-19-community-support. We are here to help.

Yours sincerely,

Louise Wallace
Director of Public Health
NYCC