

Life Skills

	Year 7 A	Year 7 B	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13
Autumn 1	<ul style="list-style-type: none"> 5 Ways to wellbeing - embedding the Character Profile and the Personal Journal 	<ul style="list-style-type: none"> Who am I? My qualities and skills Using a smart phone responsibly and safely <ul style="list-style-type: none"> Teamwork skills leadership skills communication skills 	<ul style="list-style-type: none"> 5 Ways to wellbeing - revisiting the Character Profile and the Personal Journal Sustainability 	<ul style="list-style-type: none"> 5 Ways to wellbeing - revisiting the Character Profile and the Personal Journal Attitudes/Role Models 	<ul style="list-style-type: none"> Health campaign UK The dangers of Gambling 	<ul style="list-style-type: none"> CEIAG (Post 16) Using START Careers programme <ul style="list-style-type: none"> Time Management 	<p>October - Black History Month</p> <p>23 Pink Ribbons/Wear it Pink charity event</p>	<p>October - Black History Month</p>
Autumn 2	<ul style="list-style-type: none"> Emotional literacy How do I learn? 	<ul style="list-style-type: none"> Role of the Police Sustainability CEIAG 	<ul style="list-style-type: none"> Sustainability Discrimination 	<ul style="list-style-type: none"> Pressure Groups Women's Rights in history 	<ul style="list-style-type: none"> Online Safety LGBT awareness RSHE - equal relationships & consent peer on peer abuse Financial Capability - Your Future Lifestyle 	<ul style="list-style-type: none"> Mock revision plans and workshops <ul style="list-style-type: none"> CVs and interview technique Dangers of Binge Drinking Equal relationships / consent 	<p>Nov - BBC Children in Need</p> <p>Yr 12 Internal Assessment Week</p> <p>Nov - Anti-Bullying Week</p> <p>Armistice Day</p> <p>Dec - World AIDS Day</p> <p>Dec - Christmas Hampers</p>	<p>Nov - Yr 13 UCAS Internal Deadline</p> <p>Yr 13 Mocks</p> <p>Nov - Anti-Bullying Week</p> <p>Armistice Day</p> <p>Dec - World AIDS Day</p>
Spring 1	<ul style="list-style-type: none"> It's My Life Online Safety Bullying 	<ul style="list-style-type: none"> CEIAG - exploring the world of work Enterprise and careers groupwork tasks 	<ul style="list-style-type: none"> Discrimination Human Rights Teamwork 	<ul style="list-style-type: none"> Media & body image CEIAG: Rights in the Workplace Health and Safety in the Workplace 	<ul style="list-style-type: none"> British Values - multi cultural Britain Youth Crime Knife Crime <ul style="list-style-type: none"> Crime & punishment 	<ul style="list-style-type: none"> CEIAG (Post 16) applications/UCAS /Open Days Financial Capability - managing a budget 	<p>Jan - Holocaust Memorial Day</p> <p>Equal relationships / consequences</p>	<p>Jan - Holocaust Memorial Day</p>

					<ul style="list-style-type: none"> Death Penalty 		<ul style="list-style-type: none"> of unprotected sex / consent LGBT History month Yr 12 Mocks 	<ul style="list-style-type: none"> LGBT History month
Spring 2	<ul style="list-style-type: none"> Mindfulness 	<ul style="list-style-type: none"> Financial Capability Bank accounts Taxes 	<ul style="list-style-type: none"> Democracy Dragon's Den Groupwork task 	<ul style="list-style-type: none"> Consumer Rights Democracy British Values Prejudice 	<ul style="list-style-type: none"> Democracy Immigration 	<ul style="list-style-type: none"> Revision skills/exam technique Mental Health/Resilience 	<ul style="list-style-type: none"> National Careers Week International Women's Day Comic Relief charity event 	<ul style="list-style-type: none"> National Careers Week International Women's Day
Summer 1	<ul style="list-style-type: none"> Mindfulness 	<ul style="list-style-type: none"> Healthy Lifestyles module - eating/drinking 	<ul style="list-style-type: none"> Global Citizenship / Current Environmental topic CEIAG 	<ul style="list-style-type: none"> Global Citizenship Youth Crime and Justice Healthy Lifestyles: Alcohol 	<ul style="list-style-type: none"> Mental Health CEIAG - Introduction of Start programme Revision Skills 	<ul style="list-style-type: none"> Revision skills/exam technique 	<ul style="list-style-type: none"> Mental Health Awareness Week 	<ul style="list-style-type: none"> Yr 13 Exams Mental Health Awareness Week
Summer 2	<ul style="list-style-type: none"> Stress management /sleep/routines Healthy relationships LGBT awareness Puberty 	<ul style="list-style-type: none"> positive relationships and expecting respect First Aid 	<ul style="list-style-type: none"> Healthy lifestyles Respect, Sexuality & Gender choices Online safety LGBT awareness 	<ul style="list-style-type: none"> Drugs Mental Health RSHE - peer on peer abuse / gender equality / consequences of unprotected sex LGBT awareness 	<ul style="list-style-type: none"> Managing Stress Resilience 		<ul style="list-style-type: none"> York Pride event Yr 12 Mocks Yr 12 Work Experience 	<ul style="list-style-type: none"> York Pride event

This 'Learning for Life' curriculum encompasses:



Emotional Health and Well-Being Education - including Drug and Alcohol Education, Staying Safe On-line, Awareness of Social Media & the Digital Footprint, Mindfulness, Resilience, Healthy diet & exercise.



Relationships, Sex and Health Education - Self-Esteem, Positive Friendships & Relationships, LGBTQ+, Equality within Relationships, Peer on Peer Abuse, Healthy sexual awareness, Consent and the legalities surrounding all aspects of RSE education.



Living in the Wider World, including local and global Citizenship / Community Awareness and Participation Fundamental British Values: Democracy, The Rule of Law, Individual Liberty, Mutual Respect and Tolerance for all. Financial Capability and Enterprise Skills / Careers Education, Information, Advice & Guidance.